



# IRT Thomas Holt Sans Souci Gardens

Everything you need to know about  
our community

188 Chuter Ave, Sans Souci NSW 2219



# IRT Thomas Holt Sans Souci Gardens

Set in architecturally designed buildings, IRT Thomas Holt Sans Souci Gardens Aged Care Centre has been created to enhance the surrounding views and natural light at every turn.

With 38 private care suites, this boutique community is perfect for those looking for contemporary living. Everything about IRT Thomas Holt Sans Souci Gardens has been designed to make residents as comfortable and welcome as possible.

IRT Thomas Holt Sans Souci Gardens is located in Sans Souci, close to Lady Robinson Beach, shops and transport.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.



**Top left** - Keep healthy with an on-site physio.

**Top right** - Visit our on-site hairdresser for some pampering and relaxation.

**Bottom** - Relax with friends and family in the community lounge.



# IRT Thomas Holt Sans Souci Gardens Aged Care Centre

## Professional aged care with a personal touch

Our aged care centre offers professional personalised care in superior surroundings. Choose from a range of beautifully refurbished single rooms with private ensuite and well-designed generous living areas. You'll enjoy the lifestyle and comforts of this boutique community.







**Professional  
Personalised Care**



**Modern Comfortable  
Living**



**Nutritious Meals  
and Refreshments**



**Engaging Lifestyle in a  
real Community**



**Connect with Family  
and Friends**



**Aged Care Centres  
that Give Back**



Enjoy the beautiful landscaped gardens.



## Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Enjoy local outings or invite your family and friends to join us for special events. Feel included and connected at IRT Thomas Holt Sans Souci Gardens.

## Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Be delighted by the dining experience at IRT Thomas Holt Sans Souci Gardens.

## Journey of Care

IRT Thomas Holt applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Thomas Holt Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

## Palliative Care

IRT Thomas Holt Sans Souci Gardens provides personalised palliative care with compassion, comfort and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

## Aged Care Centre Features



BBQ Area



Communal Dining



Community Bus



Hairdresser



Landscaped Gardens



Visitor Parking



Community Centre



Library

## On-site Services



Palliative Care



24/7 Registered Nurse



Enjoy the sun and socialise with  
friends in our outdoor areas.

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Sans Souci, NSW 2219

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For more information call **134 478**  
or email **[info@irtthomasholt.org.au](mailto:info@irtthomasholt.org.au)**

**We'd love to show you around our community.**  
Visit [irt.org.au/sanssoucigardens](http://irt.org.au/sanssoucigardens) and book a tour with our friendly team.