

# IRT Thomas Holt Kirrawee Aged Care Centre

Everything you need to know about our community



# IRT Thomas Holt Kirrawee

#### Retirement village:

• 27 Independent living apartments

#### Aged care centre:

• 153 Private and shared care suites

Set in beautiful architecturally designed buildings, IRT Thomas Holt Kirrawee Retirement Village and Aged Care Centre have been created to enhance the surrounding views and natural light at every turn.

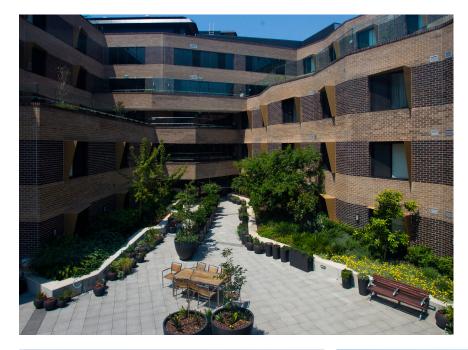
With the choice of 27 independent living apartments and villas throughout Wentworth Court, Acacia Court and Tondara, or 153 private care suites in our aged care centre, this spacious community is perfect for those looking for contemporary living. Everything about IRT Thomas Holt Kirrawee has been designed to make you as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to

remain as close to friends and family as possible whilst receiving personal and professional care. You will be supported throughout your entire aged care journey.

IRT Thomas Holt Kirrawee is located in a relaxing setting in the suburb of Kirrawee, nestled on the banks of Oyster Creek and overlooking Sydney Sandstone Gully Forest.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.









# IRT Thomas Holt Kirrawee Aged Care Centre

# Professional aged care with a personal touch

Our aged care centre offers professional personalised care in modern surroundings. Choose from a range of private ensuite rooms, or experience specialised dementia care in a secure environment. Our experienced staff are on hand 24/7 ensuring you're comfortable and well cared for.



Professional
Personalised Care



Modern Comfortable Living



Nutritious Meals and Refreshments



IRT Thomas Holt Kirrawee has three residential care complexes to choose from:

#### Jacaranda

Jacaranda offers open plan lounge rooms with spacious balcony areas, an open-air courtyard, dining rooms and beautifully designed sitting areas for residents to enjoy as well as access to a reflection room, hairdressing salon and much more.

#### **Roden Cutler House**

Roden Cutler House offers large single rooms with a private ensuite. Most rooms have generous balconies overlooking Oyster Creek or manicured gardens. Roden Cutler House has open plan lounge rooms with spacious balcony areas, dining rooms and beautifully designed sitting areas that are perfect for family gatherings.

#### Flametree

Flametree offers generous sized single rooms with private ensuite right on Sydney Sandstone Gully Forest and Oyster Creek. Each room has floor to ceiling windows and generous furnishings such as a kitchenette. Flame Tree has access to the Cafe, hairdressing salon, GP services and Active Age Gym.



Engaging Lifestyle in a real Community



Connect with Family and Friends



Aged Care Centres that Give Back



#### **Activities**

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Thomas Holt Kirrawee.

### **Food and Beverages**

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Our catering team are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Thomas Holt Kirrawee.

### **Journey of Care**

IRT Thomas Holt applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

# **Specialised Dementia Care**

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at IRT Thomas Holt Kirrawee enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

# **Aged Care Centre Features**



**BBQ** Area



**Community Bus** 



**Landscaped Gardens** 



**Community Centre** 



**Eateries** 



**Communal Dining** 



Hairdresser



**Visitor Parking** 



Library



Gym

## **On-site Services**



Dementia Care



24/7 Registered Nurse



On-site Retirement Village





# IRT Thomas Holt Kirrawee

1-25 Acacia Road, Kirrawee, NSW 2232

We'd love to show you around our community.

Visit irtthomasholt.org.au/kirrawee-acc and book a tour with our friendly team.

