



# IRT Culburra Beach Aged Care Centre

Everything you need to know about our community

976 Culburra Rd, Culburra Beach NSW 2540



# IRT Culburra Beach

## Retirement Village:

- 36 independent living apartments

## Aged Care Centre:

- 76 private and shared care suites

Surrounded by the famous waterways and beaches of Nowra, IRT Culburra Beach is ideal for those who love relaxing on the coast.

With 36 independent living villas and 76 private and shared care suites, this spacious community is perfect for those looking for contemporary living. Everything about IRT Culburra Beach has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible while receiving personal and professional care. Residents are supported throughout their entire aged care journey.

IRT Culburra Beach is located in the peaceful bushland surrounds of NSW's Culburra Beach, one of the Shoalhaven's most picturesque seaside towns. Close to the beach and the local Bowling Club, this is the perfect spot to relax or take advantage of all the activities the region has to offer.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.





**Top left** - Receive professional care with a personal touch.

**Top right** - Share a meal in our community dining room.

**Bottom** - Entertain family and friends in our BBQ area.



# IRT Culburra Beach Aged Care Centre

## Professional aged care with a personal touch

Our aged care centre offers professional personalised care in tranquil surroundings. Choose from a range of private or shared suites or a Carer Support Suite for short term stays to give carers a break. Our experienced staff and Registered Nurses are on hand 24/7 ensuring you're comfortable and well cared for.







**Professional  
Personalised Care**



**Modern Comfortable  
Living**



**Nutritious Meals  
and Refreshments**



**Engaging Lifestyle in a  
real Community**



**Connect with Family  
and Friends**



**Aged Care Centres  
that Give Back**



Relax in our outdoor areas.



## Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Culburra Beach.

## Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Our catering team are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Culburra Beach.

## Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and

equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Culburra Beach. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

## Palliative Care

IRT Culburra Beach provides personalised palliative care with compassion, comfort and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.



## Aged Care Centre Features



Community Centre



Communal Dining



Community Bus



Hairdresser



Landscaped Gardens



Visitor Parking



BBQ Area

## On-site Services



Palliative Care



Namaste Program



24/7 Registered Nurse



On-site Retirement Village



Pet Therapy



Music Therapy





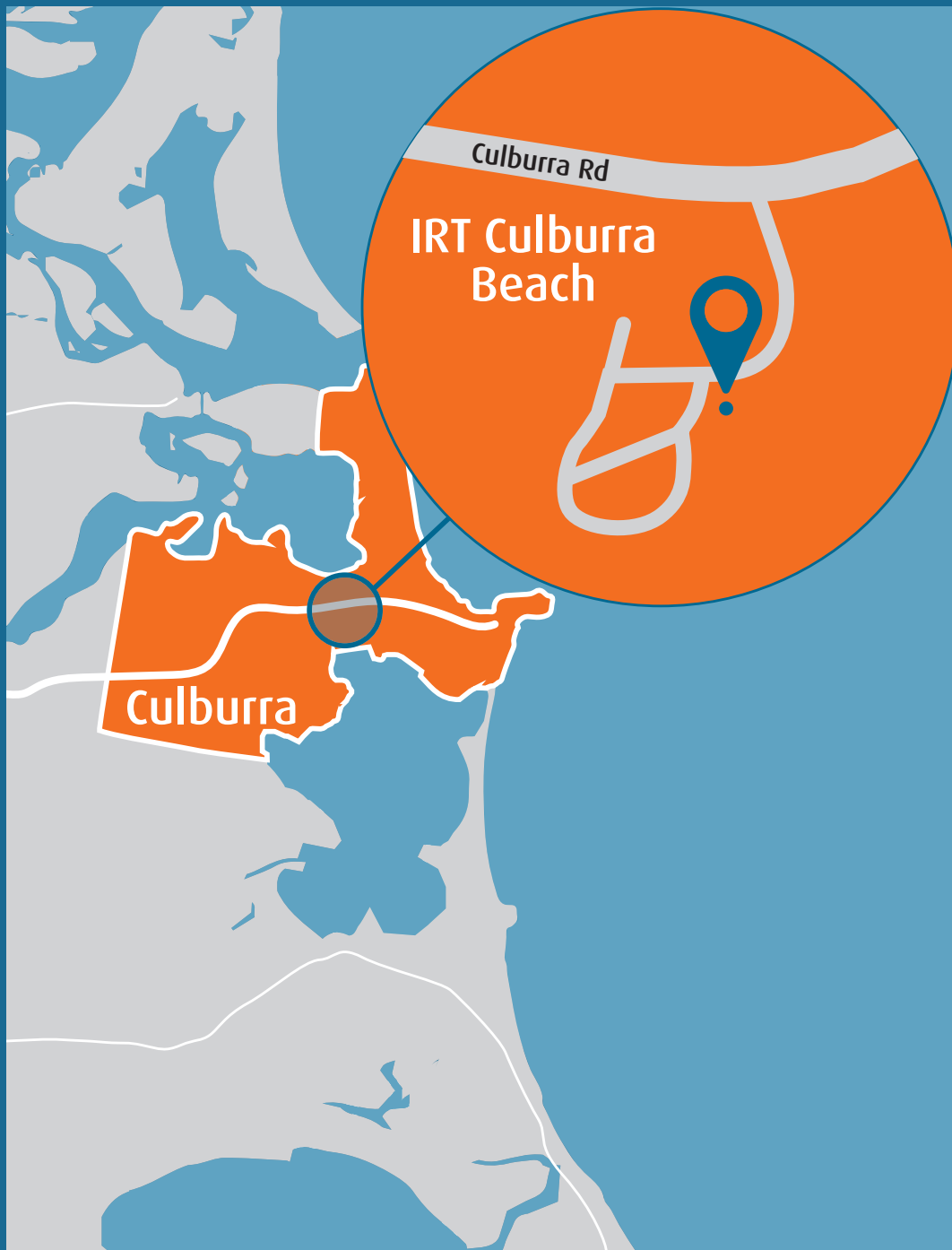


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For more information call **134 478**  
or email **[customerservice@irt.org.au](mailto:customerservice@irt.org.au)**

**[irt.org.au/culburrabeach-acc](http://irt.org.au/culburrabeach-acc)**



**We'd love to show you around our community.**

Visit [irt.org.au/culburrabeach-acc](http://irt.org.au/culburrabeach-acc) and book a tour with our friendly team.

Information in this brochure is accurate at time of printing, and is subject to change.