



# IRT WOODLANDS

## Care Centre

Our Care Centre offers extra support for when you need a higher level of care, while being part of the wider IRT Woodlands Community.

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# What is a Care Centre?

Care Centres are ideal for when you need the extra support of professional care – giving you confidence and peace of mind at all times.

Our employees are always there to assist in making the things you enjoy easier to do. There's always help when you need it, with extra support present at all times.

With a focus on community and relationships, we offer a range of activities and social engagements too.



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# Why choose IRT Woodlands Care Centre?

With over 45 years' experience and locations throughout NSW, ACT and South East Queensland, we know what it takes to build a community and provide you with the highest quality care possible. Some ways we achieve this are:



## Experienced care

Our staff are trained with a minimum Certificate III in Aged Care. We have staff on-site 24/7, including a registered nurse, so help is always on hand for your peace of mind.

Our dedicated Care Manager is responsible for your comfort and to assist you and your family with any concerns. It's why 9 out of 10 of our IRT Care Centre residents and their families recommend us to others.



## Delicious food

Specialist chefs work closely with accredited aged care dietitians to create meals that cater to your needs. So your meals are both nourishing and delicious.



## A real community

We believe connection with the community is vital. That's why your family is always welcome and our weekly activities also include trips within the local area.



## Engaging lifestyle

There's always something interesting going on for you to get involved in. We offer a range of daily activities to suit your needs and interests. But if you'd prefer some privacy, our landscaped gardens and quiet areas are there too.



## Giving back

Because our Community stretches beyond our front door, we give one third of our profits back to programs that help our customers and the wider community.



## Modern comfort

IRT Woodlands rooms are all tailored to your needs to ensure you're living comfortably. And with two levels of accommodation available, we offer something for every budget.

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# What is included at IRT Woodlands Care Centre?

Our Care Centres are designed to provide the highest levels of comfort, while offering you as much social engagement and activity as you like.



## Personalised Care Plan

As a new resident you will meet your Care Team, who will build your personalised Care Plan. You have the option to keep your preferred family doctor when you join the community and the Clinical IT system allows medical professionals to access your vital health information digitally.



## Wellbeing and recreational activities

You can get involved through our extensive schedule of events and activities tailored to your IRT Woodlands Care Centre Community and your enjoyment.



## 24/7 access to professional care

If you require help at any time, our qualified care employees can support you. Whether you'd like some help getting around or if an issue arises, they'll be there. We are also located within 1km of hospitals (public and private), doctors and the medical precinct.



## Your Community culture

Our Care Manager will see to your comfort and wellbeing seven days a week. Also, our 'settling in' period means you can have a family member stay with you in the room for a few nights when you first move in.

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## Optional extras

We understand you may require additional services, whether that's due to medical or lifestyle reasons. For a reasonable additional cost, IRT Woodlands Care Centre is able to provide almost any additional service required. Some of these include:

Hairdresser onsite

Newspapers and magazines daily

Podiatry

Occupational Therapist

Dietician

Transport to appointments and optional services

Nurse practitioner on request

Laundry and dry cleaning services

Additional Arts Health programs

## Special care services available

### Dementia care

IRT Woodlands Care Centre offers specialised dementia care, which tailors care, activities and living arrangements to provide you with comfort and safety. We also adjust our support to your changing needs at all times.

### IRT Carer Support

IRT Carer Support is where short-term accommodation and care is made available for seniors in one of our Care Centres, allowing carers to have a well deserved break, whether it be for a holiday, medical reason or just to spend some time alone.

As with access to any care facility, Carer Support simply requires Aged Care Assessment Team (ACAT) approval. Carer Support is subsidised by the government for a maximum of 63 days per year.

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## Your accommodation

Surrounded by natural forest and located close to Kawana Waters, this peaceful Community is nestled among the trees of the Sunshine Coast hinterland.

We offer two levels of accommodation choice at IRT Woodlands Care Centre - premium and superior. Whatever your circumstances, when you move in you will be able to enjoy a room tailored specifically to meet your needs. We also offer a variety of features and services designed to make your life easier, complemented by lovely gardens and most suites having views of nature.

## Your payment options

Entry to IRT Woodlands Care Centre requires an assessment by an Aged Care Assessment Team (ACAT). As part of this process, an asset and income test will be completed to determine the rates you will be required to pay.

Once your eligibility is confirmed, you will be given the choice of three payment options, consisting of either an upfront payment, a daily ongoing payment or a combination of the two. You will have 28 days from the day you enter the Care Centre to decide on which payment method best suits your financial situation.

The Care Centre also requires a daily fee payable for your care and wellbeing which is determined by the Department of Human Services.

These fees and any departure fees vary depending on a number of factors and will be explained in great detail and in writing before moving in. We also strongly recommend you and your family seek independent financial and legal advice to ensure these options are right for your current and future circumstances.



## Next steps

The next step is easy. Get in touch today and one of our friendly Customer Service team members will be able to answer any questions you may have, and can also help you book a tour.

**Enquiries: 134 478**

Email: [customerservice@irt.org.au](mailto:customerservice@irt.org.au)

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Join Our Community

**134 478**  
[irtwoodlands.org.au](http://irtwoodlands.org.au)

