



IRT Dalmeny

Everything you need to know about our community

4 Ruth Place, Dalmeny NSW 2546

IRT Dalmeny

Retirement Village:

- 35 independent living apartments

Aged Care Centre:

- 80 private care suites

Set in beautifully manicured gardens, just minutes from the beach, IRT Dalmeny have been created to enhance the holiday feel of the surrounding areas, while you're at home.

With 35 independent living apartments and 80 private and shared care suites, this community is perfect for those looking to be close to nature. Everything about IRT Dalmeny has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible whilst receiving personal and professional care. Residents are supported throughout their entire

aged care journey.

IRT Dalmeny is located in tranquil bushlands just a short drive from the Narooma coastline. You'll have easy access to nearby shops, cafes and service station, You'll have famous beaches on your doorstep, plus excellent golfing and fishing spots.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.



Top left - Do a little or a lot at IRT Dalmeny. Enjoy leisure activities including golf, fishing, swimming and croquet, or relax in our library and community centre.

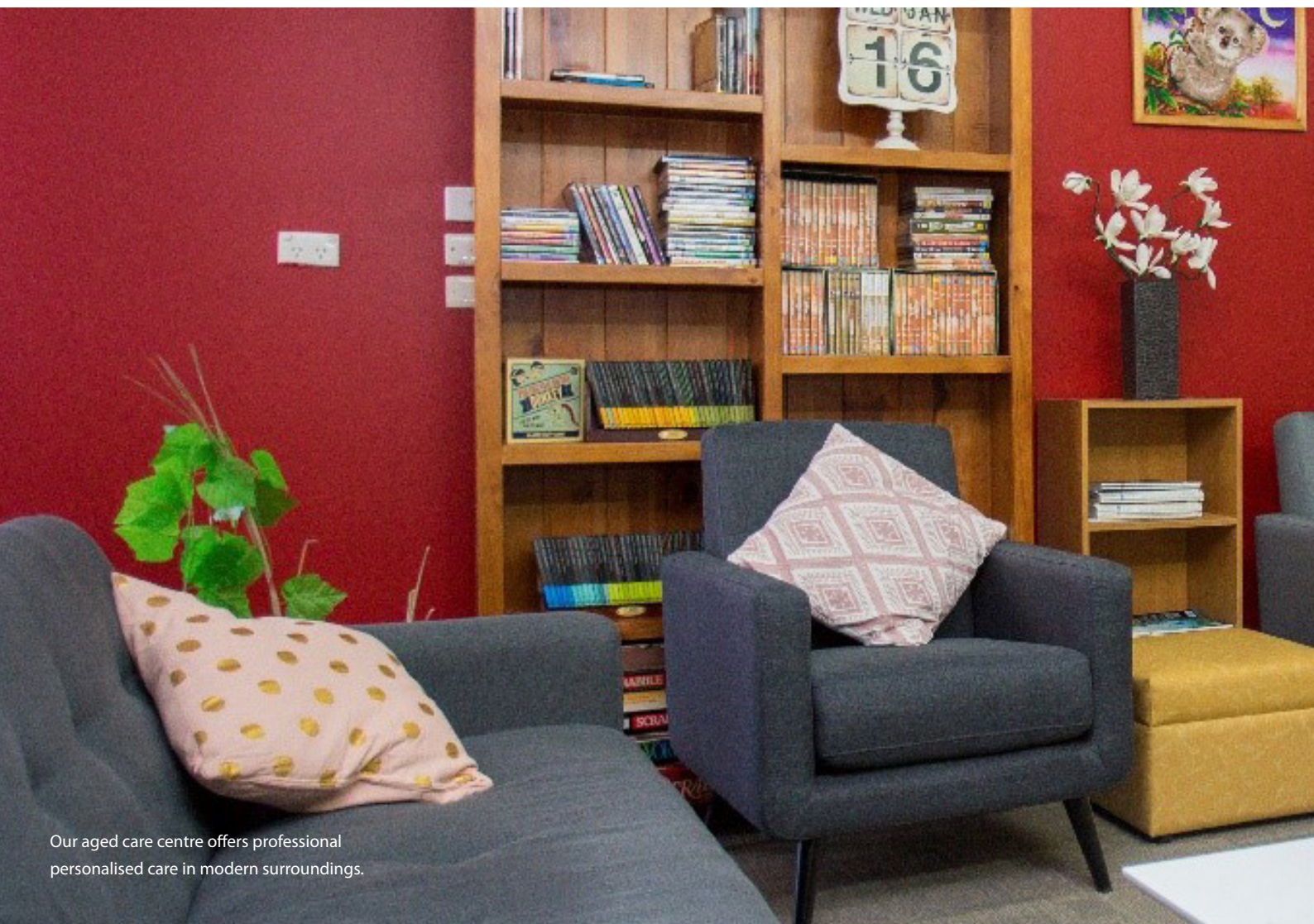
Top right - Have afternoon tea in our communal dining room.

Bottom - IRT Dalmeny is located in tranquil bushlands just a short drive from the Narooma coastline.

IRT Dalmeny Aged Care Centre

Professional aged care with a personal touch

Our aged care centre offers professional personalised care in modern surroundings. Choose from a range of private and shared rooms, or experience specialised dementia care and pet therapy in a secure environment. Our experienced staff and Registered Nurses are on hand 24/7 ensuring you're comfortable and well cared for.





**Professional
Personalised Care**



**Modern Comfortable
Living**



**Nutritious Meals
and Refreshments**



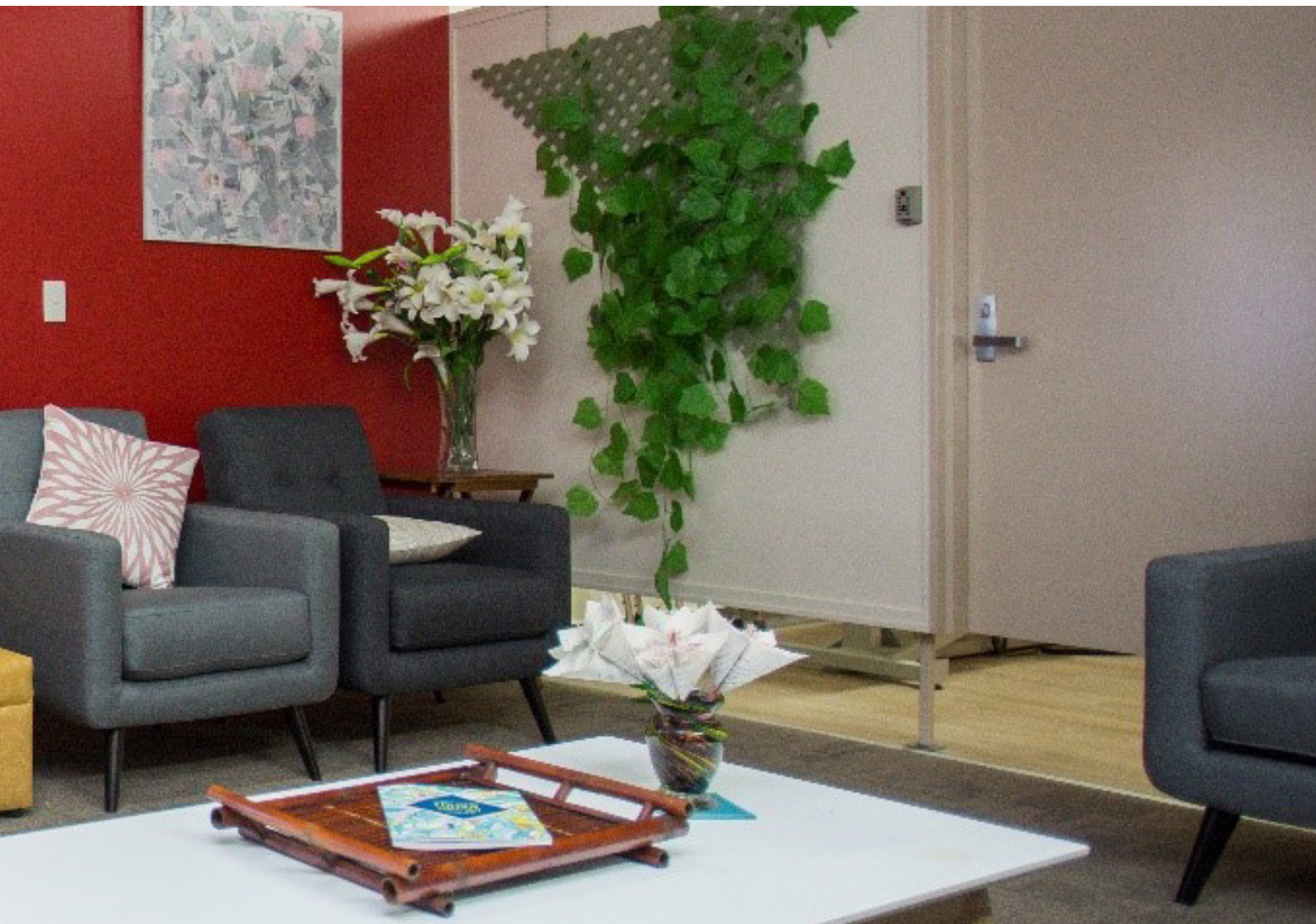
**Engaging Lifestyle in a
real Community**



**Connect with Family
and Friends**



**Aged Care Centres
that Give Back**



Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at IRT Dalmeny.

Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. Our catering team are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at IRT Dalmeny.

Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and tailored design of the physical environment and

equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including IRT Dalmeny. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aroma-therapy, music and sensory experiences.

Specialised Dementia Care

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at IRT Dalmeny enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

Palliative Care

IRT Dalmeny provides personalised palliative care with compassion, comfort and connection when it's needed most. Our specialised palliative care

program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and

support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

Aged Care Centre Features



Community Centre



Communal Dining



Community Bus



Hairdresser



Landscaped Gardens



Visitor Parking

On-site Services



Palliative Care



Dementia Care



24/7 Registered Nurse



Namaste Program



Pet Therapy



On-site Retirement Village



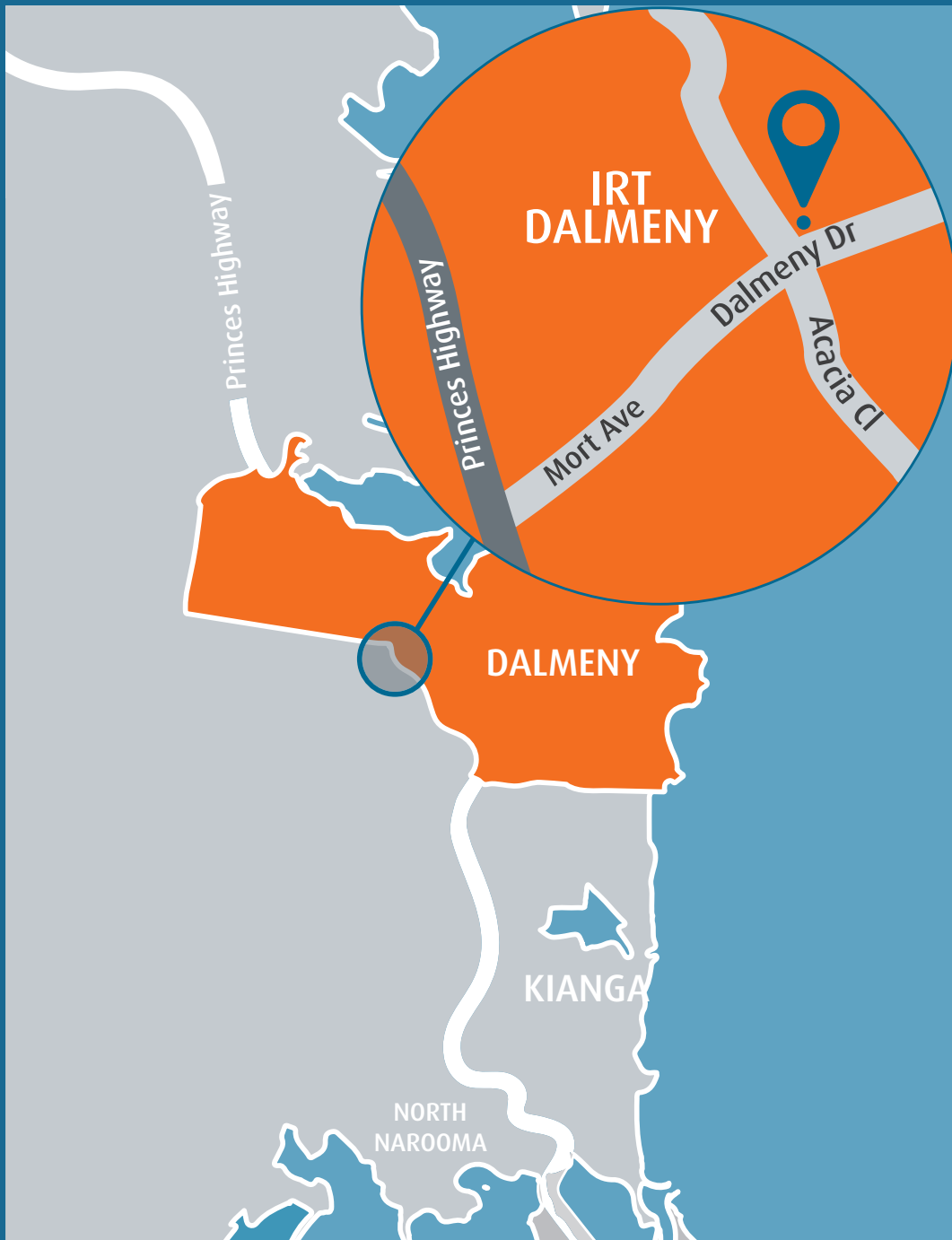


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4 Ruth Place,
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For more information call **134 478**
or email customerservice@irt.org.au

irt.org.au/dalmeny-acc



We'd love to show you around our community.

Visit irt.org.au/dalmeny-acc and book a tour with our friendly team.