



# William Beach Gardens at IRT Kanahooka Aged Care Centre

Everything you need to know about our community

286 Kanahooka Road, Kanahooka NSW 2530

# William Beach Gardens at IRT Kanahooka

Built among beautifully landscaped gardens and lawns, William Beach Gardens at IRT Kanahooka has been created to enhance the natural light and relaxing atmosphere of this community.

With independent living villas and over private care suites, this spacious community is perfect for those looking for contemporary living. Everything about William Beach Gardens at IRT Kanahooka has been designed to make residents as comfortable and welcome as possible.

The co-located retirement village and residential aged care centre offers a unique opportunity to remain as close to friends and family as possible whilst receiving personal and professional care.

Residents are supported throughout their entire aged care journey.

William Beach Gardens at IRT Kanahooka is located in the quiet residential suburb of Kanahooka. Close to public transport, shops and parklands, you'll enjoy the lifestyle and comfort of this private community.

There's always something interesting going on for you to get involved in at our community. Join in with a range of activities to suit your needs and interests or if you'd prefer some privacy, our landscaped gardens and quiet areas are also available.



**Top left** - Receive professional care with a personal touch.

**Top right** - The outdoor swimming pool, beautifully landscaped gardens and entertaining areas will make you feel like you're on holiday, all year 'round.

**Bottom** - Built among beautifully landscaped gardens and lawns, William Beach Gardens at IRT Kanahooka has been created to enhance the natural light and relaxing atmosphere of this community.

# William Beach Gardens at IRT Kanahooka

## Professional aged care with a personal touch

Our aged care centre offers professional personalised care in superior surroundings while providing easy access to the communal lounge and dining areas and surrounding gardens. Choose from a range of studios, complete with an ensuite and kitchenette, or experience specialised dementia and palliative care in a secure environment. Our experienced staff are on hand 24/7 ensuring you're comfortable and well cared for.





**Professional  
Personalised Care**



**Modern Comfortable  
Living**



**Nutritious Meals  
and Refreshments**



**Engaging Lifestyle in a  
real Community**



**Connect with Family  
and Friends**



**Aged Care Centres  
that Give Back**



Relax in our secure outdoor areas.

## Activities

Get to know your neighbours and discover new pastimes with your choice of community activities, entertainment and wellbeing programs. Go on outings in the community bus or invite your family and friends to join us for special events in the community centre. Feel included and connected at William Beach Gardens at IRT Kanahooka.

## Food and Beverages

Enjoy seasonally based meals and refreshments in your care suite or community dining room. IRT Catering are experts in tasty, nutritious catering for aged care residents. Be delighted by the dining experience at William Beach Gardens at IRT Kanahooka.

## Journey of Care

IRT applies an innovative approach to residential aged care. Our Journey of Care is a new model of care that personalises the care experience for every resident. We recognise that every care journey is unique and honour the individual diversity of each resident. Our specialised model of care ensures residents age in the right place with the right care needs within our aged care centres.

The IRT Journey of Care incorporates two key elements, neighbourhoods and specialist programs.

Neighbourhoods cater for residents with similar care needs, allowing for staff specialisation, and

tailored design of the physical environment and equipment. They allow families to see their loved one ageing in the right place with the right care needs.

Our specialist programs support resident wellbeing at each stage of their care journey. By working in partnership with leading Australian researchers and health experts, we enrich residents' quality of life, when they need it most.

The Namaste Program is a specialty program offered at selected IRT care centres, including William Beach Gardens at IRT Kanahooka. It is a unique sensory-based care experience where residents are cared for by trained staff in a purpose-designed room using therapeutic touch, aromatherapy, music and sensory experiences.

## Specialised Dementia Care

We provide personalised dementia care with compassion. Our secure care environments and programs are co-designed with Dementia Training Australia and focus on resident wellbeing, community connections and research-based design.

The secure dementia care environments at William Beach Gardens at IRT Kanahooka enhance resident wellbeing by reducing unhelpful stimuli, increasing helpful stimuli and making it easier for staff to ensure resident safety.

## Palliative Care

William Beach Gardens at IRT Kanahooka provides personalised palliative care with

compassion, comfort and connection when it's needed most. Our specialised palliative care program is founded on extensive experience in end of life care, taking care of your loved one's physical needs and supporting their emotional wellbeing as they face a life limiting illness.

Specially trained staff provide clinical care and support family and friends who are invited to participate and spend quality time with their loved one. When a resident passes away, we offer a range of signature services to honour their memory, such as a guard of honour, memorial items and meaningful room signage.

## Aged Care Centre Features



Community Centre



Communal Dining



Landscaped Gardens



Hairdresser



Gym



Visitor Parking



Library

## On-site Services



Palliative Care



Dementia Care



24/7 Registered Nurse



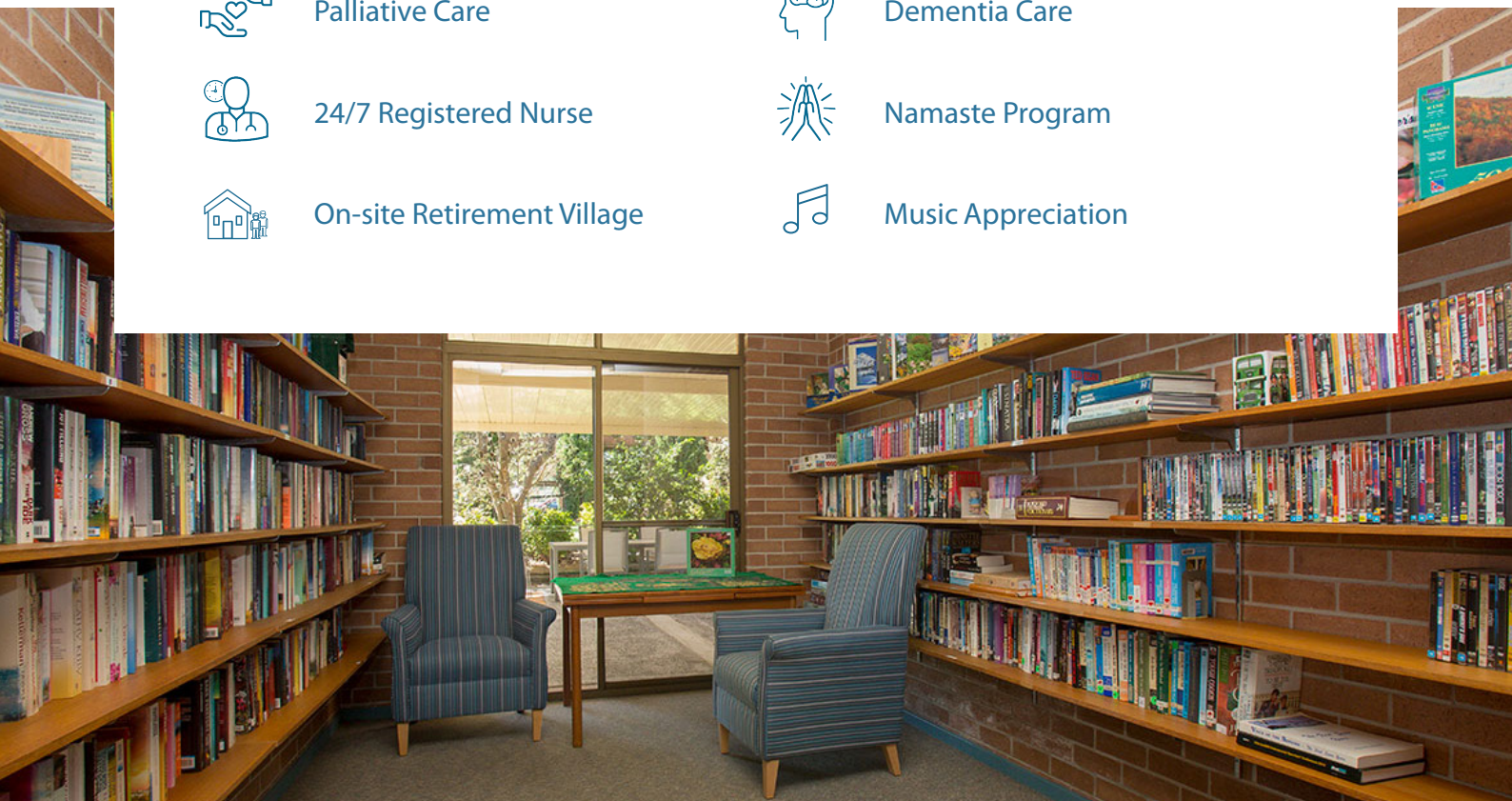
Namaste Program



On-site Retirement Village



Music Appreciation





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For more information call **134 478**  
or email [customerservice@irt.org.au](mailto:customerservice@irt.org.au)

[irt.org.au/williambeachgardens-acc](http://irt.org.au/williambeachgardens-acc)



**We'd love to show you around our community.**

Visit [irt.org.au/williambeachgardens-acc](http://irt.org.au/williambeachgardens-acc) and book a tour with our friendly team.